## **Healthy Parents Healthy Children**

## Raising Respectful, Caring and Responsible Children



These two workshops will include a discussion on:

- Parenting in Canada
- The Power of Positive Parenting
- Social and Emotional Development of Young Children
- Discipline vs. Punishment
- Praise vs. Encouragement
- Tips to Handle Common Concerns in Parenting
- The Magic of Self Care

When: Wednesday, Nov 30,2016 and Dec 7,2016

Where: Collingwood Neighbourhood House

Time: 10am to 12 pm

Facilitator: Ginny Wong is a registered clinical counsellor with over 20 years of experience as a community-based social worker serving immigrants and refugee claimants in Metro Vancouver with clients from all cultural backgrounds facing various immigration, settlement and life challenges.